

## This Week, I Choose Clarity Over Chaos

What I'm Letting Go Of:  
(Guilt, pressure, comparison, etc.)

Top 3 Priorities  
(Not Perfection)

Morning

Afternoon

Evening



Tiny Joys to Add In:

☀️ Tea before everyone wakes

💛 Music while cooking

🧘 5 minutes of quiet

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**You're allowed to plan around real life.  
But damn, Honey Bun, don't forget about it.**